
GLUTEN FREE MENU

Appetizers

Tuscan Bruschetta

Baked gluten free pizza crust, brushed with garlic & herbs. Topped with fresh plum tomatoes, fresh basil, & freshly grated parmesan cheese. **6.5**

Mussels Marinara

A pound of blue tip mussels sautéed in our special marinara sauce. **9.95**

Italian 'Flat Bread'

Our homemade alfredo sauce as the base, topped with chicken, mozzarella cheese, roasted red peppers, garlic & fresh basil on a oven baked gluten free crust. **8.25**

Caprese Salad

Fresh mozzarella & vine ripe Italian plum tomatoes, served on a bed of spring mix & topped with fresh basil. **7.95**



Salads

Original Chicken Salad

Sautéed chicken with plum tomatoes, black olives, red onions, with feta cheese with your choice of dressing. **9.95**

Bruschetta Chicken Salad

Sautéed chicken breast, chopped tomatoes, & fresh basil. Tossed in olive oil & balsamic vinaigrette. **9.95**

Tuscan Bean Salad

Cannellini beans, Italian plum tomatoes, fresh basil soaked in olive oil & vinegar on a bed of spring mix, topped with blue cheese crumbles. **8.5**

*Mediterranean Steak Salad

Filet strips sautéed in garlic, laid on a bed of fresh greens. Topped with feta cheese & kalamata olive served with balsamic vinaigrette dressing. **10.75**

Chopped Italian Salad

Fresh greens tossed in our house dressing with Italian ham, salami, pepperoni, roasted red peppers, & plum tomatoes. Topped with blue cheese crumbles. **9.95**

Gluten Free Dressing

Balsamic Vinaigrette
House Italian
Oil and Vinegar

contains eggs or dairy

Honey Mustard
Thousand Island
Blue Cheese
Caesar



*Consumption of raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Especially if you have certain medical conditions. 18% Gratuity added to parties of 8 or more.

Entrées

*Filet Medallions

Sautéed medallions with mushroom & onions, served with seasonal vegetables & garlic mashed potatoes. **15.95**

*Mahi Mahi

Lightly sautéed in an oil & garlic sauce, then oven baked & topped with sautéed artichoke hearts, tomatoes and fresh basil. Served with fresh vegetables & garlic mashed potatoes. **15.5**

*Potato Encrusted White Fish

Fried until golden brown , garnished with our Italian herb sauce. Served with seasonal fresh vegetables & garlic mashed potatoes. **12.95**

Smothered Chicken

Sautéed chicken breast with sautéed mushrooms topped with melted Italian cheeses. Served with fresh vegetables & garlic mashed potatoes. **13.5**

*Oven Baked Pacific Salmon

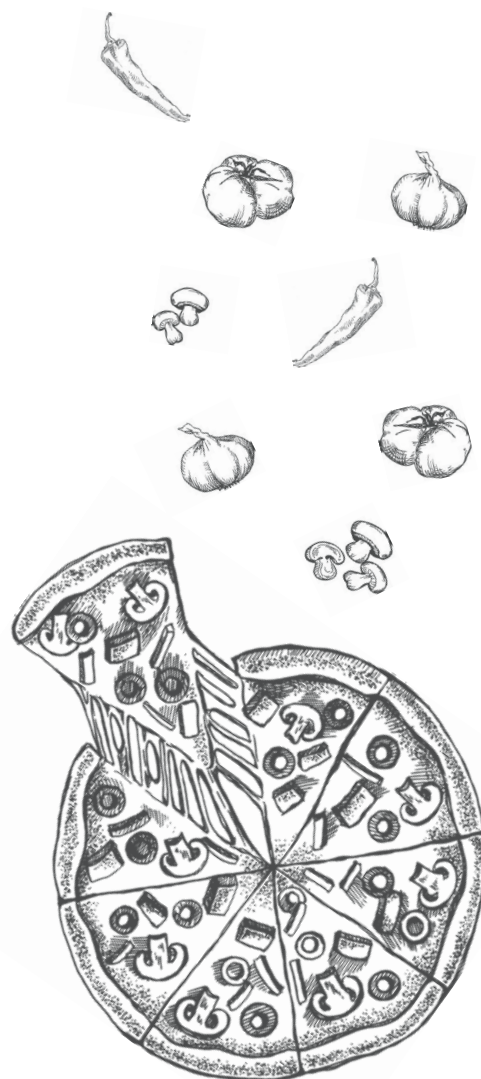
Baked in our wood fired oven, topped with herd garlic butter. Served with fresh vegetables & garlic mashed potatoes. **16.99**

Tuscan Chicken

Potato encrusted chicken breast stuffed with mushrooms, peppers, onion, & cheese. Lightly fried, then baked & served over garlic mashed potato topped with roasted red peppers & fresh tomato cream sauce. **14.95**

Pizza

Any of our pizzas can be made on a 10 inch gluten free crust.



Kids Menu

10" Pizza

Lots of cheese and pepperoni & a little bit of tomato sauce

PB & J Pizza

Classic combo of peanut butter & jelly

Grilled Chicken

Grilled chicken served with a side of broccoli or steamed vegetables

Hot Diggity Dog

All beef hot dog served with veggies

Add a kid's salad 1.99

All kids entrées comes with a drink & a scoop of vanilla ice cream for dessert.

Desserts

Spumoni

Traditional Italian ice cream: Cherry, Pistachio & Chocolate **3.95**

Gelato

Italian ice cream, low in fat with all natural ingredients **4.25**

Ask your server for current flavor

Sorbet

100% fat free, dairy free, gluten free & all natural ingredients **4.25**

Ask your server for current flavor